

**Old Saybrook Youth & Family Services
Commission Meeting
Tuesday, May 2, 2023; 5:00 PM**

YFS Commission Meeting Playlist:

<https://www.youtube.com/playlist?list=PLbEt7-HiGQ8lg0PvMBKyID3YRDhLnur-W>

“To collaboratively support and advocate for positive relationships in an inclusive community”

I. Roll Call	<p>Attendant Members: Mike Rafferty, Chair; Jonathan Paradis, Old Saybrook Parks and Recreation; David Plotkin, At-Large Member; Mary Ann Iadarola, Public Health Nursing Board Representative; Lisa Castro, Old Saybrook Middle School Counselor; Jeff Harder, Community At-Large Member; Michael Spera, Chief of Police</p> <p>Absent Members Excused: n/a Attendant Student Representative(s): n/a Absent Student Representative(s): Carli Castro, Peter Wisialowski, Bradley Kulmann</p> <p>Attendant Staff: Heather McNeil, Executive Director Adam Stahr, LMFT Trisha Strecker, LMFT Brittany Eckert, Prevention Program Coordinator</p>
II. Call to Order	Meeting called to order at 5:00pm by M. Rafferty Pledge of Allegiance
III. Comments from the Public	None
IV. Approval of Minutes	Motion made by M. Iadarola to approve the minutes of Tuesday; March 7, 2023 as presented. The motion was seconded D. Plotkin and approved.
V. Chairman’s Comments	<ul style="list-style-type: none"> • Thank you, Angela – continually a great job on the minutes. • Congratulations to D. Plotkin as new OSHS Assistant Principal. • Hope all had a nice April vacation
VI. Director’s Report for 05/02/2023	<ul style="list-style-type: none"> • H. McNeil: New brochure – thank you A. & B. Gaidry for putting together brochure; incorporating the new YFS logo & colors. • <u>Thank student reps</u> Seniors- B. Kulmann, P. Wisialowski – heading to college Willingness to be transparent, speaking up on matters when difficult. Congrats on plans after OSHS. C. Castro – continuing as student rep. Commission will appreciate any recommendations for additional student rep members for the year (junior, senior). • <u>Summer Programs</u> -Brochures in Spanish & English. School distributes for us. -A few programs already FULL. Others 50% capacity, both weeks of community service filled, a few programs not filled. People have so many options between YFS, Parks & Rec, the schools, The Kate, etc. All working to fill the needs, support & interests of the community.

	<ul style="list-style-type: none"> • <u>Community Collaboration</u> -Invited to sit in on a meeting @ Lions Club discuss Sept. Health & Wellness Fair. Same time as ‘One Book, One Town’ – good tie-in, opportunity for wellness checks (eyes, dental), mental health, etc. -Starlight Festival – 1st weekend in December (3rd one), economic development, OSPD, etc. Funding from the town. After last year’s bad weather, planning this year in case of inclement weather to utilize all of Parks & Rec space, if needed - L. Castro: Wellness Days @ schools went well. OSHS students, interns help @OSMS. Appreciate YFS staff being there. -H. McNeil: Feedback from staff & students was positive, students engaged. Powerful speaker. -B. Eckert: vaping presentation @ OSMS. Activity on values, impact that vaping has on values, friends, family, etc. • <u>VEOCI</u> – - State Dept Education (SDE) new mandated Data Entry Collection System – for consistency across YSBs for collection of information by July 1st. -Data inquiry for clinical information, truancy, youth use data, etc. • <u>Mental Health Services: Director and Clinical Team – Adam Stahr, LMFT and Trish Strecker, LMFT</u> – 988 – raise public consciousness for mental health & suicide issues Presentation: May = Mental Health Awareness Month *PowerPoint presentation of YFS services (attachment) J. Paradis – Thank you. greatly appreciate the work & support Heather, Trish, Adam do personally and in the community. B. Eckert: other towns find it amazing & unusual the ties/partnership YFS & schools, community. H. McNeil – will send updates during the summer. Any questions reach out. Have a great summer!
VII. Old Business	D. Plotkin: OSHS admin team, YFS, student reps, E3 (“youth prevention coalition”) met for very candid & informative conversations about proactive strategies within the OSHS.
VIII. New Business	Nothing to report.
IX. Other Business	Reminder: Town Referendum vote Tues, May 9 th
X. Adjournment	Motion to adjourn M.Rafferty, motion seconded by D. Plotkin Meeting adjourned at 5:45 PM.

Submitted by,
 Angela Gaidry, Recording Clerk



OSYFS Mental Health Services



Maslow's hierarchy of needs



Referral sources

SCHOOLS

PRIMARY CARE/PEDIATRICIANS

SELF-REFERRAL/PARENT/FORMER CLIENT(S)

OTHER PROVIDERS

LEVELS OF CARE

OUTPATIENT BEHAVIORAL HEALTH

PARTIAL HOSPITALIZATION (PHP)

INTENSIVE OUTPATIENT (IOP)

Things that impact LOC are levels of symptomology, chronicity, supports, levels of functioning, previous hospitalizations, medication, insurance



Who are our clients?

They're often just like you and I

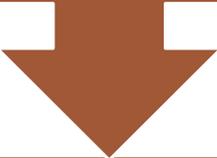
OS Residency requirement

Intakes/Assessments

Appropriate for this level of care; conversation with Director by phone



Short history taken, need for services detailed, permission to connect with referral source



Case assigned to clinician—clinician calls to schedule intake appt. If for a minor, we meet with parent/guardian first to gather information. We use Simple Practice, an Electronic Health Record, and intake packet is e-mailed to client/parent.

NUMBERS

CLIENTS WE BILL INSURANCE FOR JULY 2022-MAY 2023 71

Amount collected \$50,303.14

ADDITIONAL CLIENTS SEEN HERE AT THE AGENCY 17

(uninsured)

WE SEE ANOTHER 115 PER WEEK (ON AVERAGE) WITHIN THE SCHOOL. This is 2 licensed clinicians, 2 interns and 2 practicum students.